

February 2019

Harrison CSD – Elementary Schools – Breakfast Menu

Harrison Avenue

Parsons Memorial

Purchase

Samuel J. Preston



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>If you have any questions or comments, please call the Food Service Department at 914-630-3114 - Julia Lindblad</p> <p><small>"To obtain information about summer food service programs, please contact 1-800-522-5006 or visit http://www.fns.usda.gov/summerfoodrocks."</small></p>				<p>1 No School Today</p>	<p>Special News...</p> <p>Student Breakfast \$1.50 – Daily Menu*</p> <p>Will be served from 8:15AM-8:50AM</p> <p>Breakfast Includes: Entrée, Fruit, Juice and Choice of 1% White or Fat-Free White or Chocolate Milk.</p> <p>AVAILABLE DAILY Assorted Muffins, Cold Cereals, Assorted Yogurt & Whole Grain Bagels**</p> <p>JUICE CHOICES AVAILABLE DAILY Orange, Apple, Grape, Pineapple & Fruit Punch (4 oz)</p> <p>* Students Must Choose Three of the Four Food Items Offered at Breakfast to Receive the Special Meal Price (Note: One Must Be Fruit).</p> <p>***The Breakfast Fare is Prepared with Little or No Added Fat, Sugar or Salt.***</p> <p>Menus are subject to change without notice.</p>
<p>4 Pancakes Served with Warm Fruit Topping Mixed Fruit Cup Watermelon Chunks</p>	<p>5 French Toast Sticks W/Warm Fruit Topping Mixed Melon Cup Raisin Cup</p>	<p>6 <u>Breakfast Pizza</u> Egg & Sausage on a WG Bagel Apple Sauce Orange Wedges</p>	<p>7 Egg & Cheese on A Fresh Whole Grain Bagel Peach Cup Watermelon Chunks</p>	<p>8 Waffles Served with Warm Fruit Topping Mixed Fruit Cup Applesauce</p>	
<p>11 French Toast Sticks Mixed Fruit Cup Peach Cup Pear Cup</p>	<p>12 Eggs & Cheese On a WW Bagel Melon Cup Grapes</p>	<p>13 Waffle Sticks Served with Warm Fruit Topping Apple Slices Orange Wedges</p>	<p>14 Egg & Cheese on A Fresh Whole Grain Bagel Pear Cup</p>	<p>15 Cinnamon Spice Muffin Banana Orange Wedges</p>	
<p>18</p>	<p>19 Winter Break</p>	<p>20</p>	<p>21 No School</p>	<p>22</p>	
<p>25 Pancakes W/Syrup Turkey Sausage Orange Wedges Apple Slices</p>	<p>26 Waffles Served with Warm Fruit Topping Orange Wedges Apple Slices</p>	<p>27 Scrambled Egg In A Wrap Peach Cup Pear Cup</p>	<p>28 Chocolate Chip Muffin Banana Orange Wedges</p>		

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

This institution is an equal opportunity provider and employer.

