



2018 November

Harrison CSD – Elementary Schools – Lunch Menu
 Harrison Avenue
 Parsons Memorial
 Purchase
 S.J. Preston

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	More Info...
<p>If you have any questions or comments, please call the Food Service Department at 914-630-3114. Food Service Director – Julia Lindblad</p>	<p>All of Our Fresh Baked Breads, Breadsticks and Bagels are Whole-Grain Rich!</p>		<p>1 <u>Brunch For Lunch</u> Whole Grain Pancakes Pork Sausage Patty OR Cheese Quesadilla Baked Potato Puffs Baby Carrots Fresh Apple</p>	<p>2 <u>Pizza Mania Fridays</u> Cheese Pizza Zucchini Broccoli Plum Seedless Grapes Featured Pie – Broccoli</p>	<p>Student Lunch \$2 – Daily Menu</p> <p>All Lunches Include: Entrée, Bread/Grain, Vegetable, Fruit/Juice and Choice of 1% White or Fat-Free White or Chocolate Milk.</p> <p>Additional Midday Meal Options</p> <p>***Hormone and Antibiotic-Free Milk Offered with all Lunch Meals.***</p> <p>Food Allergies? Please Speak to Your Server, Chef or Manager.</p> <p>Assorted Fresh Salads* M - Chicken Caesar Salad T - Chef Salad W - Garden Salad w/Turkey TH - Mozzarella and Tomato Salad F - Cheese and Fresh Vegetables Served w/Low Fat Dip. *Served with Bread/Grain.</p> <p>Bagel Lunch - Delicious Mini Bagel Topped with Assorted Vegetables, Cheeses and/or Eggs.</p> <p>Yogurt Lunch - Fresh Yogurt with Granola and Sliced Fruit Served with a Side of Cheese and Veggie Sticks.</p>
<p>5 <u>The “Monday Mix”</u> Oven Baked Chicken Tenders OR Pulled Pork On a Roll Dinner Roll Sweet Potato Fries Steamed Corn Blueberry Cup Watermelon Wedge</p>	<p>6 <u>Superintendent Conference Day</u> No School</p>	<p>7 <u>Italian Wednesdays</u> Pizza Sticks W/Marinara Sauce Three Bean Salad Caesar Salad Red Pepper Strips Diced Pears</p>	<p>8 <u>Brunch for Lunch Thursdays</u> French Toast w/Hot Fruit Topping Pork Sausage Patty Cucumber & Tomato Salad Potato Puffs Orange Juice Banana</p>	<p>9 <u>Pizza Mania Fridays</u> Cheese Pizza Broccoli Tomato Salad Banana Fresh Peach Featured Pie – Pepperoni</p>	
<p>12 <u>Veterans’ Day</u> No School</p>	<p>13 <u>Brunch For Lunch</u> Whole Grain Pancakes Pork Sausage Patty OR Cheese Quesadilla Baked Potato Puffs Baby Carrots Fresh Apple</p>	<p>14 Fresh Baked Turkey Breast W/Gravy & Roll Sweet Potato Mash Roasted Winter Squash Apple Crisp Pear Cup</p>	<p>15 <u>“Americas Favorite Thursdays”</u> Chicken Noodle Soup Grilled Cheese Sandwich French Fries Cherry Tomato Cup Apple Sauce</p>	<p>16 <u>Pizza Mania Fridays</u> Cheese Pizza Steamed Broccoli Three Bean Salad Seedless Grapes Fresh Pear Featured Pie – Four Cheese</p>	
<p>19 <u>The “Monday Mix”</u> Chicken Patty On A Bun W/Bacon & BBQ Sauce OR Turkey & Cheese Roll up Dinner Roll Carrots Broccoli Peach Cup</p>	<p>20 <u>Brunch for Lunch</u> WG Waffles w/Hot Fruit Topping Pork Sausage Patty Cucumber & Tomato Salad Potato Puffs Orange Juice Banana</p>	<p>21 <u>No Lunch Today</u></p>	<p>Thanksgiving Break No School Today</p>		
<p>26 <u>The “Monday Mix”</u> General Tso’s Chicken Vegetarian Fried Rice Corn Baby Carrots Pineapple Cup Apple Slices</p>	<p>27 <u>Brunch for Lunch Tuesdays</u> French Toast w/ Fruit Topping Turkey Sausage Patty Cucumber & Tomato Salad Hash Brown Orange Juice Banana</p>	<p>28 <u>Italian Wednesdays</u> Pizza Sticks W/Marinara Sauce Three Bean Salad Caesar Salad Red Pepper Strips Diced Pears</p>	<p>29 <u>Build a Hot Dog</u> Hot Dog Served on a Bun w/Choice of Fixings Curley Fries Garlic Broccoli Fresh Honeydew Raisins</p>	<p>30 <u>Pizza Mania Fridays</u> Cheese Pizza Green Peas Red Pepper Sticks Peach Cup Peach Crisp Featured Pie – BBQ CHX</p>	

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

This institution is an equal opportunity provider and employer.

