



FEBRUARY 2018

Breakfast Menu



MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

<p>If you have any questions or comments, please call the Food Service Department at 914-630-3114. Julia Lindblad</p>				
<p>5 Banana Chip Muffin w/Turkey Sausage OR... Blueberry Pancakes w/Syrup Fruit Punch, 100% Juice Melon Cup</p>	<p>6 Scrambled Egg Wrap OR... Cinnamon Apple Muffin Hash Brown Orange Juice, 100% Juice Strawberry Cup</p>	<p>7 Breakfast Burrito OR... French Toast Sticks w/Syrup Apple Juice, 100% Juice Seedless Grapes</p>	<p>1 Blueberry Pancake OR... Breakfast Quesadilla Hash Browns Orange Slices Grape Cup</p>	<p>2 Scrambled Egg Wrap OR... Cinnamon Apple Pancakes Hash Brown Mixed Fruit Strawberry Cup</p>
<p>12 Cheddar Cheese & Salsa Omelet w/Toast OR... Hot Oatmeal Bar* Raisin Cup Berry Cup</p>	<p>13 Chocolate Chip Muffin w/Turkey Sausage OR... Blueberry Pancakes w/Hot Fruit Topping Fruit Punch, 100% Juice Melon Cup</p>	<p>14 Egg & Cheese on English Muffin OR... Waffles w/Hot Fruit Topping Apple Cup Seedless Grapes</p>	<p>8 Egg Frittata w/Toast OR... Pancakes w/Hot Fruit Topping Apple Juice, 100% Juice Pear</p>	<p>9 Homemade Texas Toast OR... Waffles w/Cinnamon Sugar Topping Grape Cup Strawberry Cup</p>
<p>19</p>	<p>20 WINTER BREAK</p>		<p>22</p>	<p>16 Egg & Cheese Bagel OR... Turkey Pancake Wrap w/Hot Fruit Topping Orange Juice, 100% Juice Pineapple Cup</p>
<p>26 Egg, Cheese & Bacon Biscuit OR... Waffles w/Syrup Tater Tots Apple Juice, 100% Juice Orange</p>	<p>27 Yogurt Parfait Banana Bread OR... Pancakes w/Hot Fruit Topping Fruit Punch, 100% Juice Mixed Fruit Cup</p>	<p>21</p>	<p>23 NO SCHOOL</p>	
<p>28 Sausage & Egg Breakfast Burrito OR... French Toast Sticks Orange Juice Pineapple Cup</p>				

Special News...

Student Breakfast \$1.50 – Daily Menu*

Breakfast Includes:
Entrée, Fruit, Juice and Choice of 1% White or Fat-Free White or Chocolate Milk.

* Students **Must** Choose **Three of the Four** Food Items Offered at **Breakfast** to **Receive the Special Meal Price** (Note: **One Must Be Fruit**).

The "Huskies" Bountiful Buffet Menu Features Traditional Breakfast Favorites Including Scrambled Eggs, Turkey Bacon/Sausage, Cheeses, Hot and Cold Cereals, Yogurt (w/Toppings) Along with Whole Grain Breads, Bagels and Assorted Muffins. **The Above mentioned Items are Served Every Morning.**

The Breakfast Fare is Prepared with Little or No Added Fat, Sugar or Salt.

*= Includes Oatmeal, Granola, Raisins & Hard Boiled Eggs.

Menus are subject to change without notice.



Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

This institution is an equal opportunity provider and employer.

"To obtain information about summer food service programs, please contact 1-800-522-5006 or visit <http://www.fns.usda.gov/summerfoodrocks>."