



February 2018

Harrison High School – Lunch Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

February 1st, 2018 February 2nd, 2018

More Info...

Hot Food Station, \$2.75 Lunch

Enjoy the taste of homemade-quality meals from our daily hot food station!

Chicken & Cheese
Quesadilla w/Sour
Cream & Rice

Meatball Hero OR
W/Pasta &
Mozzarella Cheese
W/Steak Fries

Deli/Salad Bar Station, \$3.75 Lunch

Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*

**Served with Bread/Grain.*

Spicy Chicken Salad On
Romaine w/Ranch Dressing

Chicken Caesar
Salad
Turkey & Cheddar
Panini w/Turkey
Bacon

Cordon Blu Flatbread
Grilled Chicken, Ham & Melted
Provolone on Flatbread.

Rotating Food Bar, \$2.75 Lunch

Enjoy food stations that are themed around your favorite foods!

Calzone Bar
Pepperoni, Three Cheese OR
Buffalo Chicken Calzone
Served W/French Fries

Grilled Cheese Bar
Grilled American,
Provolone OR Swiss
Cheese With Tomato
AND/OR Bacon Served
W/Puffs

Pizza Station, \$2.75 Lunch

In addition to regular cheese pizza, we now feature specialty pies, including:

Meatball Pizza

Pepperoni Pizza

Daily Vegetable & Fruit* Selections

**We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.*

Garlic Buttered Broccoli
Black Beans
Mixed Green Salad
Diced Peaches
Apple Crisp

Honey Glazed Carrots
Sautéed Spinach
Caesar Salad
Banana
Blueberry Cup

All Lunches Include:
Entrée,
Bread/Grain,
Vegetable,
Fruit/Juice (Two
Fruit Selections
Daily) and Choice of
1% White or Fat-
Free White or
Chocolate Milk.

**Hormone and
Antibiotic-Free Milk
Offered with all
Lunch Meals.**

Food Allergies?
Please Speak to
Your Server, Chef
or Manager.



We are happy to announce that the Java City kiosk is now open for business in the high school cafeteria. Delicious hot and cold beverages, along with light bites, will be offered daily*.
**A la carte only.*

Harrison High School Lunch Menu – February 1st – 2nd 2018



Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer.

If you have any questions or comments, please call the Food Service Department at 914-630-3114.

Food Service Director – Julia Lindblad

"To obtain information about summer food service programs, please contact 1-800-522-5006 or visit

<http://www.fns.usda.gov/summerfoodrocks.>"

Menus are subject to change without notice.





February 2018

Harrison High School – Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

February 5th, 2018

February 6th, 2018

February 7th, 2018

February 8th, 2018

February 9th, 2018

Hot Food Station, \$2.75 Lunch

Enjoy the taste of homemade-quality meals from our daily hot food station!

Chicken Patty On A Bun W/ Swiss Cheese & Potato Puffs

CARVING STATION
Roasted Chicken Dinner Roll W/Buttered Noodles

Philly Cheesesteak Hero W/Sautéed Onions & Peppers W/Fries

Meatloaf W/Gravy & Cornbread & Baked Potato

Buffalo Chicken Tenders W/ Dinner Roll & Noodles

Deli/Salad Bar Station, \$3.75 Lunch

Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*

**Served with Bread/Grain.*

Chicken Salad On Romaine
Grilled Ham and Swiss

The Vegetable of the Week is...

Avocado
Try It on Your Favorite Sandwich or Salad...

Chicken Caesar Salad
Grilled Chicken On A Bun W/Bacon, Lettuce & Tomato

Tuna Salad on Romaine w/Ranch Dressing
Fajita Flatbread
Fajita Chicken & Mozzarella Cheese On A Flatbread

Cobb Salad
Turkey, Bacon & Avocado Wrap

Rotating Food Bar, \$2.75 Lunch

Enjoy food stations that are themed around your favorite foods!

Brunch For Lunch Bar
Homemade Texas Toast OR Bacon Egg & Cheese On A Bagel Served W/Tots.

Pasta Bar
Homemade Baked Ziti or Homemade Beef Lasagna served with Garlic Knot

Macaroni & Cheese Bar
Macaroni & Cheese W/Bacon OR Plain Baked Macaroni & Cheese Served Cornbread

Chicken Drumstick Bar
Three Fresh Chicken Drumsticks W/Choice Of Plain, BBQ OR Asian Sauces Served W/Baked Potato

Oriental Bar
General Tso's Chicken, Steak W. Broccoli & Veggie Lo Mein Served W/ Fried Rice

Pizza Station, \$2.75 Lunch

In addition to regular cheese pizza, we now feature specialty pies, including:

Broccoli Pizza

Pepperoni Pizza

Spinach Pizza

Bacon & Onion Pizza

Sausage Pizza

Daily Vegetable & Fruit* Selections

**We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.*

Three Bean Salad
Roasted Cauliflower
Garden Salad
Peach Cup
Banana

Roasted Squash
Spinach Salad
Fruit Cocktail
Apple Crisp

Red Pepper Sticks
Broccoli
Tossed Salad
Strawberry Cup
Mixed Fruit

Peas & Carrots
Cherry Tomato Cup
Spinach Salad
Kiwi
Peach Cup

Baby Carrots
Caesar Salad
Pear Cup
Apple Crisp

More Info...

All Lunches Include:

Entrée, Bread/Grain, Vegetable, Fruit/Juice (Two Fruit Selections Daily) and Choice of 1% White or Fat-Free White or Chocolate Milk.

Hormone and Antibiotic-Free Milk Offered with all Lunch Meals.

Food Allergies? Please Speak to Your Server, Chef or Manager.



We are happy to announce that the Java City kiosk is now open for business in the high school cafeteria. Delicious hot and cold beverages, along with light bites, will be offered daily*.

*A la carte only.

Harrison High School Lunch Menu – February 5th – 9th 2017



Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer.

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February 2018

Harrison High School – Lunch Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

February 12th, 2018 February 13th, 2018 February 14th, 2018 February 15th, 2018 February 16th, 2018

Hot Food Station, \$2.75 Lunch

Enjoy the taste of homemade-quality meals from our daily hot food station!

Meatloaf W/Roasted Potatoes	Beef Enchilada Served W/Rice	Pork Fried Rice Served W/Dinner Roll	Pasta Primavera W/Ham Served W/Roll	Spicy Szechuan Chicken W/Brown Rice
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Deli/Salad Bar Station, \$3.75 Lunch

Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*

**Served with Bread/Grain.*

Roasted Vegetable Salad W/Turkey	Greek Salad W/Tzaziki Dressing	Spicy Grilled Chicken Salad	The Vegetable of the Week is...  Red Onion Try It on Your Favorite Sandwich or Salad!!	Chicken Caesar Salad
Chicken Melt Wrap w/Lettuce and Tomato	Roasted Vegetable Wrap w/Feta & Mixed Greens	Antipasti Platter W/Roll		Turkey & Cheddar Panini w/Turkey Bacon

Rotating Food Bar, \$2.75 Lunch

Enjoy food stations that are themed around your favorite foods!

Grilled Cheese Bar Grilled American, Swiss OR Provolone Cheese W/Tomato OR Bacon W/Roasted Potatoes	Mac & Cheese Bar Macaroni & Cheese W/Spicy Tomato & Bacon OR Plain Baked Macaroni & Cheese W/French Bread	Pasta Bar Ravioli W/Red Sauce, Spaghetti W/Meat Sauce or Eggplant Rotini Served W/ Garlic Knot	Brunch For Lunch Homemade Texas Toast OR Bacon Egg & Cheese On A Kaiser Roll Served W/Tots	Chicken Drumstick Bar Fresh Chicken Drumstick W/Choice Of BBQ, SPICY OR Asian Served W/Fries & Cheesy BreadStick
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Pizza Station, \$2.75 Lunch

In addition to regular cheese pizza, we now feature specialty pies, including:

Spinach Pizza	White Pizza	Roasted Vegetable Pizza	Sausage Pizza	Pepperoni Pizza
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Daily Vegetable & Fruit* Selections

**We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.*

Red Pepper Strips Steamed Garlic Tossed Salad Fruit Cocktail Applesauce	Steamed Peas Spinach Salad Apple Banana	Pan Seared Sweet Corn Black Bean Salad Mixed Green Salad Diced Peaches Pear Cup	String Beans Cherry Tomato Cup Garden Salad Fresh Fruit Cup Grapes	Lemon Glazed Carrots Caesar Salad Banana Strawberry Cup
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More Info...

All Lunches Include:

Entrée, Bread/Grain, Vegetable, Fruit/Juice (Two Fruit Selections Daily) and Choice of 1% White or Fat-Free White or Chocolate Milk.

Hormone and Antibiotic-Free Milk Offered with all Lunch Meals.

Food Allergies? Please Speak to Your Server, Chef or Manager.



We are happy to announce that the Java City kiosk is now open for business in the high school cafeteria. Delicious hot and cold beverages, along with light bites, will be offered daily*.

*A la carte only.

Harrison High School Lunch Menu – February 12th – 16th 2018



Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer.

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Food Service Director – Julia Lindblad

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February 2018

Harrison High School – Lunch Menu

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

February 26th, 2018 February 27th, 2018 February 28th, 2018

Hot Food Station, \$2.75 Lunch

Enjoy the taste of homemade-quality meals from our daily hot food station!

Chicken Parmesan Served W/Pasta & Italian Bread	Carving Station Roasted Turkey W/Gravy & Roll & Mashed Potatoes	Oven Baked BBQ Chicken Thighs Cornbread W/Rice Pilaf		
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Deli/Salad Bar Station, \$3.75 Lunch

Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*

**Served with Bread/Grain.*

Italian Salad Mixed Greens W/Mozzarella, Grilled Chicken & Roasted Red Pepper Tuna Melt Wrap	Chicken, Mozzarella on Romaine W/Ranch Roasted Vegetable Wrap w/Feta & Mixed Greens	Spicy Chicken Salad On Romaine w/Ranch Dressing Cordon Blu Flatbread Grilled Chicken, Ham & Melted Provolone on Flatbread.		
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Rotating Food Bar, \$2.75 Lunch

Enjoy food stations that are themed around your favorite foods!

Oriental Bar General Tsos Chicken, Steak Stir Fry, Vegetable Lo Mein & Veggie Fried Rice	Hamburger Bar Build Your Own Hamburger, Cheeseburger OR Veggie Burger W/ Fixings & Fries	Italian Bar Spaghetti & Meatsauce, Baked Ziti OR Plain Pasta W/Marinara Sauce Served W/Bread		
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Pizza Station, \$2.75 Lunch

In addition to regular cheese pizza, we now feature specialty pies, including:

Three Cheese Pizza	Buffalo Chicken Pizza	Roasted Vegetable Pizza		
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Daily Vegetable & Fruit* Selections

**We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.*

String Beans Cherry Tomato Cup Garden Salad Strawberry Cup Peach Cup	Roasted Winter Squash Spinach Salad Orange Wedges Apple	Red Pepper Sticks Broccoli Tossed Salad Seedless Grapes Mixed Fruit		
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More Info...

All Lunches Include:

Entrée,
Bread/Grain,
Vegetable,
Fruit/Juice (Two Fruit Selections Daily) and Choice of 1% White or Fat-Free White or Chocolate Milk.

Hormone and Antibiotic-Free Milk Offered with all Lunch Meals.

Food Allergies? Please Speak to Your Server, Chef or Manager.



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*A la carte only.

Harrison High School Lunch Menu – February 26th – 28th, 2017



Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer.

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