



FEBRUARY 2018

Breakfast Menu



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

**If you have any questions or comments, please call the Food Service Department at 914-630-3114.
Julia Lindblad**

			1 Blueberry Pancake OR... Breakfast Quesadilla Hash Browns Orange Slices Grape Cup	2 Scrambled Egg Wrap OR... Cinnamon Apple Pancakes Hash Brown Mixed Fruit Strawberry Cup
5 Banana Chip Muffin w/Turkey Sausage OR... Blueberry Pancakes w/Syrup Fruit Punch, 100% Juice Melon Cup	6 Scrambled Egg Wrap OR... Cinnamon Apple Muffin Hash Brown Orange Juice, 100% Juice Strawberry Cup	7 Breakfast Burrito OR... French Toast Sticks w/Syrup Apple Juice, 100% Juice Seedless Grapes	8 Egg Frittata w/Toast OR... Pancakes w/Hot Fruit Topping Apple Juice, 100% Juice Pear	9 Homemade Texas Toast OR... Waffles w/Cinnamon Sugar Topping Grape Cup Strawberry Cup
12 Cheddar Cheese & Salsa Omelet w/Toast OR... Hot Oatmeal Bar* Raisin Cup Berry Cup	13 Chocolate Chip Muffin w/Turkey Sausage OR... Blueberry Pancakes w/Hot Fruit Topping Fruit Punch, 100% Juice Melon Cup	14 Egg & Cheese on English Muffin OR... Waffles w/Hot Fruit Topping Apple Cup Seedless Grapes	15 Scrambled Egg Whites on a Roll OR... French Toast w/Hot Fruit Topping Fruit Cup Banana	16 Egg & Cheese Bagel OR... Turkey Pancake Wrap w/Hot Fruit Topping Orange Juice, 100% Juice Pineapple Cup
19	20 WINTER BREAK	21	22 NO SCHOOL	23
26 Egg, Cheese & Bacon Biscuit OR... Waffles w/Syrup Tater Tots Apple Juice, 100% Juice Orange	27 Yogurt Parfait Banana Bread OR... Pancakes w/Hot Fruit Topping Fruit Punch, 100% Juice Mixed Fruit Cup	28 Sausage & Egg Breakfast Burrito OR... French Toast Sticks Orange Juice Pineapple Cup		

Special News...

Student Breakfast \$1.50 – Daily Menu*

Breakfast Includes:
Entrée, Fruit, Juice and Choice of 1% White or Fat-Free White or Chocolate Milk.

* Students **Must** Choose **Three of the Four** Food Items Offered at **Breakfast** to **Receive the Special Meal Price** (Note: **One Must Be Fruit**).

The "Huskies" Bountiful Buffet Menu Features Traditional Breakfast Favorites Including Scrambled Eggs, Turkey Bacon/Sausage, Cheeses, Hot and Cold Cereals, Yogurt (w/Toppings) Along with Whole Grain Breads, Bagels and Assorted Muffins. **The Above mentioned Items are Served Every Morning.**

The Breakfast Fare is Prepared with Little or No Added Fat, Sugar or Salt.

*= Includes Oatmeal, Granola, Raisins & Hard Boiled Eggs.

Menus are subject to change without notice.

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

This institution is an equal opportunity provider and employer.

"To obtain information about summer food service programs, please contact 1-800-522-5006 or visit <http://www.fns.usda.gov/summerfoodrocks>."

