



Louis M. Klein Middle School

2019

February

Breakfast Menu



MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

<p>If you have any questions or comments, please call the Food Service Department at 914-630-3114.</p> <p>Julia Lindblad</p> <p>"To obtain information about summer food service programs, please contact 1-800-522-5006 or visit http://www.fns.usda.gov/summerfoodrocks."</p>				
4	5	6	7	8
Banana Chip Muffin W/Turkey Sausage OR... Blueberry Pancakes w/Hot Fruit Topping Fruit Punch, 100% Juice Melon Cup	Cheddar Cheese & Salsa Omelet w/Toast OR... Egg & Cheese On Kaiser Roll Raisin Cup Berry Cup	Breakfast Burrito OR... French Toast Sticks w/Hot Fruit Topping Apple Juice, 100% Juice Mixed Fruit Cup	Egg Frittata w/Toast OR... Pancakes w/Hot Fruit Topping Apple Juice, 100% Juice Pear	Homemade Texas Toast OR... Waffles w/Hot Fruit Topping Grape Cup Strawberry Cup
11	12	13	14	15
Sausage & Egg Breakfast Burrito OR... Hot Oatmeal Bar* Pineapple Cup Berry Cup	Chocolate Chip Muffin W/Turkey Sausage OR... Blueberry Pancakes w/Hot Fruit Topping Fruit Punch, 100% Juice Melon Cup	Egg & Cheese on English Muffin OR... Waffles w/Hot Fruit Topping Apple Cup Seedless Grapes	Scrambled Egg Whites on a Roll OR... French Toast w/Hot Fruit Topping Fruit Cup Banana	Egg & Cheese Bagel OR... Turkey Pancake Wrap w/Hot Fruit Topping Orange Juice, 100% Juice Pineapple Cup
18	19	20 No School Winter Break		21
25	26	27	28	
Cheddar Cheese & Salsa Omelet w/Toast OR... Hot Oatmeal Bar* Raisin Cup Berry Cup	Scrambled Egg Wrap OR... Cinnamon Apple Muffin Hash Brown Orange Juice, 100% Juice Strawberry Cup	Texas Toast OR... Waffles w/Hot Fruit Topping Grape Cup Strawberry Cup	Choice Of Cereal W/Cheese Stick OR... Turkey Pancake Wrap w/Hot Fruit Topping Orange Juice, 100% Juice Peach Cup	

Special News...

Student Breakfast
\$1.50 – Daily Menu*

Breakfast Includes:
Entrée, Fruit, Juice and Choice of 1% White or Fat-Free White or Chocolate Milk.

* Students **Must** Choose **Three of the Four** Food Items Offered at **Breakfast** to **Receive the Special Meal Price** (Note: **One Must Be Fruit**).

The "Huskies" Bountiful Buffet Menu Features Traditional Breakfast Favorites Including Scrambled Eggs, Turkey Bacon/Sausage, Cheeses, Hot and Cold Cereals, Yogurt (w/Toppings) Along with Whole Grain Breads, Bagels and Assorted Muffins. **The Above mentioned Items are Served Every Morning.**

The Breakfast Fare is Prepared with Little or No Added Fat, Sugar or Salt.

*= Includes Oatmeal, Granola, Raisins & Hard Boiled Eggs.

Menus are subject to change without notice.

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.
This institution is an equal opportunity provider and employer.

