Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

This institution is an equal opportunity provider and employer.

## February

### Louis M. Klein Middle School

**MONDAY**
- **Food Allergies? Please Speak to Your Server, Chef or Manager.**

**TUESDAY**
- If you have any questions or comments, please call the Food Service Department at 914-630-3114.
- Food Service Director – Julia Lindblad

| 1 | No School Today |

**WEDNESDAY**
- **Special News…**
- **More Info…**
- **Student Lunch**
  - $2.50 – Daily Menu
  - $2.50 – Pizza Bar
  - $3.50 – Deli or Salad Bar
- All Lunches Include: Entrée, Bread/Grain, Vegetable, Fruit/Juice (e.g. Fresh, Cup of Fruit or Juice) and Choice of 1% White or Fat-Free White or Chocolate Milk.

**THURSDAY**
- **The Daily Soup** - Freshly Prepared Soup of the Day Served in a Cup or Bowl with Whole Grain Bread.
- *Available A-La-Carte

**FRIDAY**
- **Additional Midday Lunch Options**
  - Made to Order Deli Bar - Premium Cold Cuts, Grilled Chicken, Chicken or Egg Salad, Assorted Cheeses and Veggies Served on Fresh Bread.
  - Create Your Own Salad* - Choice of Greens with Assorted Meats, Cheeses and Fresh Vegetables to Create Your Own Masterpiece!

- *Served with Bread/Grain.

**Food Service Director – Julia Lindblad**

### Lunch Menu – February 2019

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>General Tso's Chicken OR… Beef Stir Fry Fried Rice Broccoli Baby Carrots Mixed Fruit Cup</td>
<td>5</td>
<td>Beef Nacho Bar W/Fixings W/Vegetarian Beans OR… Chicken Parmesan Over Pasta Garlic Green Beans Garden Salad Pineapple Cup</td>
<td>6</td>
</tr>
<tr>
<td>7</td>
<td>Beef Chili w/Corn Chips OR… Popcorn Chicken Bites w/Breadstick Steamed Broccoli Sweet Corn &amp; Black Bean Salad Strawberry Cup</td>
<td>8</td>
<td>Brunch for Lunch Egg &amp;Cheese on a Bagel OR… Texas Toast w/Hot Fruit Topping Turkey Sausage Patty Tater Puffs Cherry Tomato Cup Orange Juice, Orange</td>
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<tr>
<td>9</td>
<td><strong>WINTER BREAK</strong> School Closed February 18th – 22nd</td>
<td>10</td>
<td>Sausage, Onion &amp; Pepper Sub OR... Three Cheese OR Pepperoni &amp; Cheese Stromboli Garlic Broccoli Carrot Sticks Strawberry Cup, Orange</td>
<td>11</td>
</tr>
<tr>
<td>12</td>
<td>Chicken Quesadilla OR… Turkey Tacos W/Refried Beans Corn Tossed Salad Peach Cup</td>
<td>13</td>
<td>Chicken Nacho Bar OR… Chicken Frangaise Mashed Potatoes Cornbread Three Bean Salad Steamed Broccoli Apple Crisp</td>
<td>14</td>
</tr>
<tr>
<td>15</td>
<td>Brunch for Lunch Egg &amp;Cheese on a Bagel OR… Texas Toast w/Hot Fruit Topping Turkey Sausage Patty Tater Puffs Cherry Tomato Cup Orange Juice, Orange</td>
<td>16</td>
<td>Macaroni &amp; Cheese Bar W/Corn Bread OR… Philly Cheesesteak Roasted Potato Wedges Broccoli Fresh Fruit Cup Raisin Cup</td>
<td>17</td>
</tr>
<tr>
<td>18</td>
<td>Beef Tacos OR… Homemade Meatloaf! Rice Pilaf Red Pepper Sticks Sweet Corn Apple Melon Cup</td>
<td>19</td>
<td>Sausage, Onion &amp; Pepper Sub OR… Three Cheese OR Pepperoni &amp; Cheese Stromboli Garlic Broccoli Carrot Sticks Strawberry Cup, Orange</td>
<td>20</td>
</tr>
<tr>
<td>21</td>
<td>Macaroni &amp; Cheese Bar W/Corn Bread OR… Philly Cheesesteak Roasted Potato Wedges Broccoli Fresh Fruit Cup Raisin Cup</td>
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**Louis M. Klein Middle School – Lunch Menu – February, 2019**

February is New Vegetable Month! Visit Our Deli Bar to Try Our Roasted Red Pepper On Your Salad or Sandwich!