



May 2018

Louis M. Klein Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Special News... More Info... Student Lunch \$2.50 – Daily Menu \$2.50 – Pizza Bar \$3.50 – Deli or Salad Bar</p> <p><u>All Lunches Include:</u> Entrée, Bread/Grain, Vegetable, Fruit/Juice (e.g. Fresh, Cup of Fruit or Juice) and Choice of 1% White or Fat-Free White or Chocolate Milk.</p> <p>The Daily Soup* - Freshly Prepared Soup of the Day Served in a Cup or Bowl with Whole Grain Bread. <small>* Available A-La-Carte</small></p> <p>Additional Midday Lunch Options</p> <p>Made to Order Deli Bar - Boars Head Cold Cuts, Grilled Chicken, Chicken or Egg Salad, Assorted Cheeses and Veggies Served on Fresh Bread.</p> <p>Create Your Own Salad* - Choice of Greens with Assorted Meats, Cheeses and Fresh Vegetables to Create Your Own Masterpiece! <small>*Served with Bread/Grain.</small></p> <p>Pizza Bar - Cheese, Pepperoni and a "Pie of the Day."</p> <p>Menus are subject to change without notice.</p>
	1 BBQ Chicken W/ Roasted Potatoes OR Homemade Baked Ziti, Garlic Bread Red Pepper Sticks String Beans Red Grapes Apple Slices	2 Teriyaki Chicken, Vegetable Fried Brown Rice OR Grilled Cheese, Potato Rounds Broccoli Melon Cup Pear Cup	3 Homemade Beef Meatloaf, Mashed Potatoes Dinner ROLL OR Spicy Chicken Pattie Sandwich Seasoned Fries Corn Fresh Apples, Green Salad	4 Homemade Meatballs W/Pasta OR Chicken Parmesan Sandwich Cauliflower Watermelon Mixed Fruit	
7 Chicken Quesadilla OR Roasted Turkey Mashed Potatoes Stuffing Hot Baby Carrots Tossed Salad Watermelon Chunks Pear Cup	8 Chicken Tenders W/Mac & Cheese OR Sausage & Peppers W/Pasta Garlic Bread Broccoli Peach Cup Bananas	9 Egg & Cheese On Bagel OR Homemade French Toast Turkey Sausage Patty Baked Potato Puffs Mixed Green Salad Strawberry Cup Orange Juice Applesauce	10 Chicken Cutlet Sandwich OR Mozzarella Sticks, Potatoes Rounds Steamed Broccoli Red pepper Strips Fresh Apple Strawberry Cup	11 Hot Dog On A Bun OR Cheeseburger Vegetarian Baked Beans Baked Potato Fresh Fruit Mixed Fruit Cup	
14 Homemade Macaroni & Cheese W/Dinner Roll OR Lemon & Pepper Chicken, Brown Rice, Carrots, Green Salad Peach Cup Raisin Cup	15 Chicken Parm on a Roll OR BBQ Roasted Turkey, Roasted Potatoes, Sweet Peas Mixed Fruit Cup Apple	16 Taco Bar with all fixings OR Pulled Turkey Sandwich Sweet Potatoes, Corn Orange Wedges, Pineapple Cup	17 Oven Roasted Fish, & Chips WW Dinner Roll OR Pasta Bolognese Italian Bread Green Beans Watermelon Mixed Fruit Cup	18 Stuffed Shells W/Dinner Roll OR Grilled Ham & Cheese Baked French Fries Broccoli Red Grapes Mixed Fruit Cup	
21 Chicken Nachos OR Baked Potato Bar W/All the Fixings & Chicken Or Nacho Meat Carrot Sticks Caesar Salad Pineapple Chunks Mixed Fruit Cup	22 Chicken Fajita Bar With Fixings OR Chicken Marsala, Penne Pasta, Broccoli Caesar Salad Peach Cup Raisin Cup	23 Meatball Parm Hero OR Grilled Cheese Waffle Fries Baked French Fries Fresh Fruit Cup Pear Cup	24 Homemade Beef Ziti Garlic Bread OR Popcorn Chicken, Potato Wedges, Sweet Peas Tossed Green Salad Red Pepper Strips Fresh Grapes, Apple	25 Chicken Wing Bar Seasoned Fries OR Grilled Chicken, Brown Rice Carrots Fruit Cup Applesauce	
28 Hot Dog On A Bun W/Fries OR Burger Bar Vegetarian Baked Beans Baked French Fries Watermelon Chunks Mixed Fruit Cup	29 Cheese Quesadilla W/Spanish Rice OR General Tso Chicken Brown Rice Broccoli Fruit Salad Mixed Fruit Cup	30 Chicken Tenders, Potato Rounds, Carrots OR Italian Sausage Wedge, Caesar Salad, Mixed Grapes	<p>If you have any questions or comments, please call the Food Service Department at 914-630-3114 Julia Lindblad</p>		

Louis M. Klein Middle School – Lunch Menu – May 2018

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.
This institution is an equal opportunity provider and employer.



May is New Vegetable Month! Visit Our Deli Bar to Try Our **SUN TRIED TOMATOES** On Your Salad or Sandwich!

