# Louis M. Klein Middle School
## Lunch Menu – April, 2019

### Monday
1. **Brunch for Lunch**
   - Egg & Cheese on a Bagel
   - OR… Texas Toast w/Fruit Topping
   - Honey Roasted Carrots
   - Tater Puffs
   - Turkey Sausage Patty
   - Mixed Fruit Cup
   - Orange Juice

### Tuesday
2. **Penne A la Vodka W/Garlic Bread**
   - OR… Popcorn Chicken Tossed In Asian Sauce
   - Egg Fried Rice
   - Steamed Broccoli
   - Sweet Corn
   - Strawberry Cup
   - Fresh Melon Chunks

### Wednesday
3. **NACHO PLATTER**
   - W/Seasoned Beef, Lettuce, Cheese, Tomato, Sour Cream
   - OR… Cheese Quesadilla
   - Refried Beans
   - Brown Rice
   - Honey Glazed Carrots
   - Banana, Raisin

### Thursday
4. **Chicken Tenders W/Combread**
   - OR… Hot Dogs
   - W/ Roasted Potato Wedges
   - Green Beans
   - Grapes
   - Orange

### Friday
5. **Chicken Cutlets W/Gravy Mashed Potato & Roll**
   - OR… Meatball Flat Bread
   - W/Mozzarella Cheese
   - Red Pepper Strips
   - Sautéed Spinach
   - Mixed Fruit Cup
   - Banana

---

### Special News...

#### More Info...

#### Student Lunch
- $2.50 – Daily Menu
- $2.50 – Pizza Bar
- $3.50 – Deli or Salad Bar

All Lunches Include:
- Entrée, Bread/Grain, Vegetable, Fruit/Juice (e.g. Fresh, Cup of Fruit or Juice) and Choice of 1% White or Fat-Free White or Chocolate Milk.

### The Daily Soup*
- Freshly Prepared Soup of the Day Served in a Cup or Bowl with Whole Grain Bread.
- * Available A-La-Carte

### Additional Midday Lunch Options
- Made to Order Deli Bar - Premium Cold Cuts, Grilled Chicken, Chicken or Egg Salad, Assorted Cheeses and Veggies Served on Fresh Bread.
- Create Your Own Salad*
  - Choice of Greens with Assorted Meats, Cheeses and Fresh Vegetables to Create Your Own Masterpiece!
  - *Served with Bread/Grain.

**Pizza Bar -** Cheese, Pepperoni and a “Pie of the Day.”

---

“APRIL is a New Vegetable Month! Visit Our Deli Bar to Try Our Avocado On Your Salad or Sandwich!”

---

If you have any questions or comments, please call the Food Service Department at 914-630-3114 Julia Lindblad

---

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

This institution is an equal opportunity provider and employer.