Harrison Athletics Philosophy

The Harrison Athletics program is built on the principles of Rigor,

Development, Communication, and Accountability. Harrison coaches work to develop programs based on communication, clear expectations, ongoing feedback, accountability and developing self-advocacy in our student athletes. Our coaches and players are committed to meeting the standards of high expectation and maximum effort on and off the field.



HARRISON CENTRAL SCHOOL DISTRICT DEPARTMENT OF PHYSICAL EDUCATION, HEALTH & ATHLETICS

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Athletic Program Objectives

Provide positive experience for all student athletes and promote a growth mindset.

Foster physical, social and emotional growth.

Cultivate academic and athletic achievement by developing attitudes and values that motivate students to pursue excellence.

Develop increased knowledge of skills needed to achieve individual and team success through consistency and hard work.

Develop respect for teammates, opponents, coaches and officials by developing emotional control and cooperation.

Stress the importance of physical fitness, proper conditioning, health and safety.

Provide opportunities for students to identify and explore diverse experiences on the athletic field and apply their learning in a variety of settings beyond the field/court

Modified Sports Program Overview

The LMK Middle School Modified Athletics is an introductory program which focuses on fundamentals of game and team play, rules, training, and basic skills. The modified athletic program offers students, including those new to athletics, an opportunity to be part of a team. Every effort is made to include as many students as possible on modified teams at LMK; several sports field two teams. Student athletes are expected to demonstrate effort, commitment, and sportsmanship at all times. The LMK modified program follows all Section 1 guidelines.

Modified Sports Team Offerings

Fall Season

Football, Cheer, Boys and Girls Cross Country, Boys and Girls Soccer, Volleyball, Field Hockey

Winter Season

Wrestling, Boys and Girls Basketball, Ice Hockey, Boys and Girls Indoor Track, Cheer

Spring Season

Baseball, Softball, Boys and Girls Lacrosse, Boys and Girls Outdoor Track & Field

Parent Information

General Information

Information about the LMK Modified Athletics can be found on the HCSD Athletics webpage

Registration

Registration in modified athletics is completed through <u>Family ID</u>, which can be accessed on the athletics webpage

Schedule

Practice and game schedules can be accessed through <u>Schedule Galaxy</u>. Instructions for accessing and downloading are available on the athletics webpage by clicking the calendar on the menu to the left